

2013 Bike to Work Days

Primary Goal: Bike to work at least once each month

Secondary Goal: Bike to work at least once each of the seven days of the week (sometime in the year)

Tertiary Goal: Bike to work at least once for each of the thirty one numbered days in a month (A.I.T.Y)

A.I.T.Y = Anytime in the year

Primary Goal: Met on Sunday December 1

1. Wednesday January 30
2. Monday February 18 (-18°C or 0°F wind chill factor -28°C or -18°F)
3. Friday March 8
4. Saturday March 9
5. Thursday March 21
6. Thursday March 28
7. Saturday March 30
8. Tuesday April 2
9. Friday April 5
10. Sunday April 14
11. Monday April 15
12. Wednesday April 17
13. Thursday April 18
14. Friday April 19
15. Saturday April 20
16. Monday April 22
17. Friday April 26
18. Sunday April 28
19. Monday April 29
20. Tuesday April 30
21. Wednesday May 1
22. Friday May 3
23. Saturday May 4
24. Sunday May 5
25. Monday May 6
26. Wednesday May 8
27. Thursday May 9
28. Friday May 10
29. Saturday May 11
30. Sunday May 12

31. Monday May 13
32. Wednesday May 15
33. Friday May 17
34. Saturday May 18
35. Wednesday May 22
36. Thursday May 23
37. Friday May 24
38. Saturday May 25
39. Sunday May 26
40. Monday May 27 (Smart Commute Bike to Work Day)
41. Wednesday May 29
42. Thursday May 30
43. Friday May 31
44. Sunday June 2
45. Monday June 3
46. Tuesday June 4
47. Wednesday June 5
48. Friday June 7
49. Saturday June 8
50. Sunday June 9
51. Wednesday June 12
52. Thursday June 13
53. Friday June 14
54. Wednesday June 19
55. Friday June 21
56. Monday June 24
57. Tuesday June 25
58. Wednesday June 26
59. Friday June 28
60. Saturday July 6
61. Tuesday July 9
62. Saturday July 13
63. Tuesday July 16 (34°C or 93°F humidex of 42°C or 108°F)
64. Saturday July 20
65. Monday July 22
66. Tuesday July 23
67. Monday July 29

68. Tuesday July 30
69. Saturday August 3
70. Tuesday August 6
71. Saturday August 10
72. Sunday August 11
73. Monday August 12
74. Tuesday August 13
75. Tuesday August 20
76. Tuesday August 27
77. Wednesday September 4
78. Monday September 9
79. Wednesday September 11
80. Friday September 13
81. Monday September 16 (Smart Commute Week Begins)
82. Wednesday September 18
83. Friday September 20
84. Monday September 23
85. Wednesday September 25
86. Saturday September 28
87. Sunday September 29
88. Monday September 30
89. Wednesday October 2
90. Friday October 4
91. Sunday October 6
92. Monday October 7
93. Wednesday October 9
94. Friday October 11
95. Wednesday October 16 (so far biked to work all October scheduled days)
96. Friday October 18 (WHIMIS training at new F/T job – elsewhere) still biked to work today and next 4 days while working both jobs in the same day (note: two different employers in two different municipalities)
97. Monday October 21
98. Wednesday October 23
99. Friday October 25 (so far biked to work all Oct. shifts – training new guy on Mon. & Wed.)
100. Sunday October 27
101. Wednesday October 30 (biked to work all days in Oct. except Mon. Oct. 28 – had a day with 2 different employers and a job interview for a 3rd job)
102. Sunday November 3
103. Sunday December 1

Sunday September 22 is Car-free day and I observed it by walking to a store to do an errand and biking to Markham to participate in something and then biking to Vaughan to follow up on something

Secondary Goal: Met on Sunday April 14

(Sunday April 14, Monday February 18, Tuesday April 2, Wednesday January 30, Thursday March 21, Friday March 8, Saturday March 9)

Tertiary Goal: Met on Tuesday July 16

May 1, April 2, May 3, May 4, April 5, May 6, June 7, March 8, March 9, May 10, May 11, May 12, May 13, April 14, April 15, July 16, April 17, February 18, April 19, April 20, March 21, April 22, May 23, May 24, May 25, April 26, May 27, March 28, April 29, January 30, May 31

Biked to work each of the 7 days in the same month (also biked to work all 6 days scheduled in the same week)

Sunday April 14

Monday April 15

Tuesday April 2

Wednesday April 17

Thursday April 18

Friday April 19

Saturday April 20

In April, I biked to work 13 days out of 20 days I worked (65%). Note: 4 of the 13 days (31%) I biked to two different work sites (ex. biked to location A and finished the shift and biked to location B for another shift in the same day). I was not scheduled to work on Tuesday April 16.

In May, I biked all 23 days I worked (100%).

Stats.

Annual = 103 biked to work days in a year

January = 1 [Wednesday mode day of the week for this month]

February = 1 [Monday mode day of the week for this month]

March = 5 [Thursday and Saturday tied for mode]

April = 13 [Monday and Friday tied for mode]

May = 23 [Wednesday and Friday tied for mode] (5 Wednesdays & 5 Fridays)

June = 16 [Wednesday and Friday tied for mode]

July = 9 [Tuesday mode]

August = 8 [Tuesday mode]

September = 12 [Monday and Wednesday tied for mode]

October = 13 [Wednesday mode]

November = 1 [Sunday mode]

December = 1 [Sunday mode]

12 Sundays: Jan. (0) Feb. (0) Mar. (0) Apr. (2) May (3) June (2) July (0) Aug. (0) Sept. (1) Oct. (2) Nov. (1) Dec. (1)

19 Mondays: Jan. (0) Feb. (1) Mar. (0) Apr. (3) May (4) June (2) July (2) Aug. (1) Sept. (4) Oct. (2) Nov. (0) Dec. (0)

12 Tuesdays: Jan. (0) Feb. (0) Mar. (0) Apr. (2) May (0) June (2) July (4) Aug. (4) Sept. (0) Oct. (0) Nov. (0) Dec. (0)

20 Wednesdays: Jan. (1) Feb. (0) Mar. (0) Apr. (1) May (5) June (4) July (0) Aug. (0) Sept. (4) Oct. (5) Nov. (0) Dec. (0)

7 Thursdays: Jan. (0) Feb. (0) Mar. (2) Apr. (1) May (3) June (1) July (0) Aug. (0) Sept. (0) Oct. (0) Nov. (0) Dec. (0)

19 Fridays: Jan. (0) Feb. (0) Mar. (1) Apr. (3) May (5) June (4) July (0) Aug. (0) Sept. (2) Oct. (4) Nov. (0) Dec. (0)

14 Saturdays: Jan. (0) Feb. (0) Mar. (2) Apr. (1) May (4) June (1) July (3) Aug. (2) Sept. (1) Nov. (0) Dec. (0)

Numbered Days of a month that I biked to work in 2013

May 1, December 1	2
April 2, June 2, October 2 3	
May 3, June 3, August 3, November 3	4
May 4, June 4, September 4	3
April 5, May 5, June 5	3
May 6, July 6, August 6, October 6 4	
June 7, October 7	2
March 8, May 8, June 8	3
March 9, May 9, June 9, July 9, September 9, October 9	6
May 10, August 10	2
May 11, August 11, September 11, October 11	4
May 12, June 12, August 12	3
May 13, June 13, July 13, August 13, September 13	5
April 14, June 14 2	
April 15, May 15 2	
July 16, September 16, October 16	3
April 17, May 17 2	
February 18, April 18, May 18, September 18, October 18	5

April 19, June 19 2	
April 20, July 20, August 20, September 20	4
March 21, June 21, October 21	3
April 22, May 22, July 22	3
May 23, July 23, September 23, October 23 4	
May 24, June 24	2
May 25, June 25, September 25, October 25	4
April 26, May 26, June 26 3	
May 27, August 27, October 27	3
March 28, April 28, June 28, September 28	4
April 29, May 29, July 29, September 29	4
January 30, March 30, April 30, May 30, July 30, September 30, October 30	7
May 31	1