

# The York Region Mental Health Community Care Hub

Zoning By-law Amendment Request for 17255 Yonge St. Newmarket

Date: September 2024

## Who We Are

#### **Serving Our Community**

- Established History: CMHA YRSS has provided essential community mental health care across York Region and South Simcoe for over 40 years.
  - Thirty plus free regional programs and the network lead organization (NLO) for Ontario Structured Psychotherapy (OSP) and Bounce Back.
- **Growing Needs:** One of the fastest growing chapters of CMHA with more than 300 staff. Demand for mental health services are on the rise.
  - With the projected 36% increase in demand for mental health services by 2030, we are responding with innovative solutions.
- Proven Impact: Our programs and services support individuals across various stages of recovery and rehabilitation for mental health related concerns.





### Who Is Involved: Our Partners









































## **Timeline to Date**

2014 Community Table initated to address ED wait times and lack of access

2017 CMHA pens the Hub Proposal for Central Local Health Integration Network 2018 CMHA selected as Lead Agency on behalf of collaborative

2020 MOHLTC Capital Planning Grant awarded 2020- 2023 Capital Planning Submission for phase 1 completed including site selection

2024 Project Approval for implementation



# Introducing the Hub

- First of its kind.
- 24/7 specialized community care facility for individuals ages 12 and above who need immediate mental health crisis support, including 20 short-stay beds for ages 16+.
- Voluntary alternative option to hospital emergency departments by safely diverting individuals to specialized care that will result in better outcomes, better experience and resources efficiency.
- Referrals by a physician, hospital or community partner, voluntary transfer by police or paramedics or just by walking in.



# Why the Hub Matters









By 2029/30, emergency department visits for mental health and substance use in York Region are projected to grow by 63%, significantly outpacing the 30% increase projected for all other emergency department

VISITS. - IntelliHealth NACRS 2015/16 – 2019/20; MOF Population Projections Spring 2020 Release; includes ED visits for Southlake Regional; Markham Stouffville, and Mackenzie Health

- System Capacity: The Hub will alleviate pressure on acute care, primary care and offer crisis support in a community-based setting.
- Comprehensive Care: Integrates services to supports for individuals including appropriate referral and warm hand off.
- Community Integration: Enhances access to culturally competent, health equity-designed care, ensuring everyone receives the support they need.



## Our Mission

To ensure an individual's first mental health crisis is their last!



## **Site Selection Process**

#### Key Criteria:

- ✓ Specific square footage required to meet operational needs.
- ✓ Proximity to public transit for easy access by clients and staff.
- ✓ Close to other critical services, including an acute care center.
- ✓ Accessibility for community partners such as police and paramedics.





## Where Will the Hub Be Located

- 17255 Yonge St., Newmarket: Central location in York Region, providing easy access to health care providers and social services, including public transit.
- Site Selection: Chosen for its proximity to acute care centers and accessibility for community partners, including police and paramedics.
- Community Asset: The location is ideal for maximizing service reach.
- **Space:** is over 28,000 sq ft on 1 storey; meets our needs plus extra space for potential growth in future, with plenty of green space at the rear of the building.
- Adequate Parking: with space for additional parking as required.



## **Site Context**

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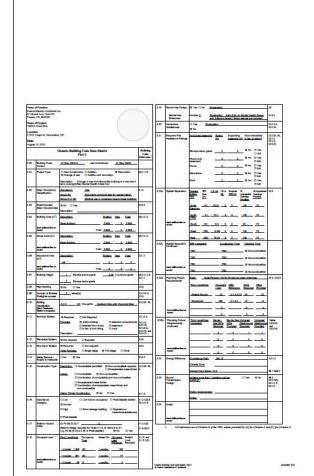
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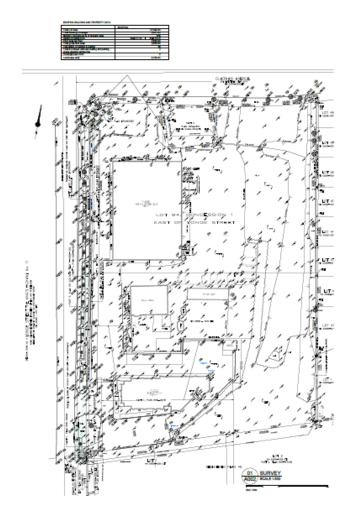
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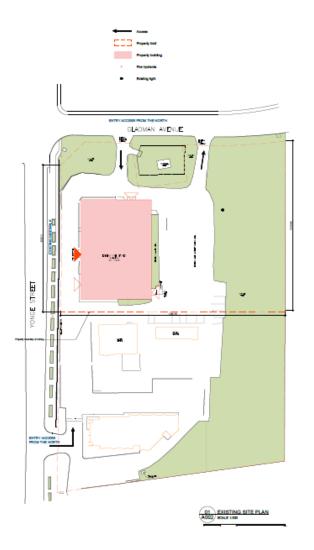


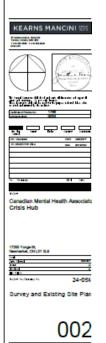




## Site Plan









# **Using the Existing Building**



- No Structural Changes: Committed to using the existing building.
- Adaptive Use: The building will be repurposed to meet the operational needs of the Hub.
- **Sustainability**: Reducing environmental impact by repurposing rather than rebuilding.
- **Central Location**: Easy access for all York Region residents, making it a strategic choice for community health services.
- Cost-Effective: More economical than new construction, allowing more resources to be allocated to services.
- Positive Community Impact: Brings much needed specialized community-bases services close to home.



# What We Are Asking

#### **Zoning By-law Amendment Request**

- The Town of Newmarket Zoning By-law Number 2019-06, to be amended by:
  - Section 3 "Definition" be amended to include the following term and definition: Mental Health Centre.
    - Mental Health Centre: Means a building or premises or part thereof that provides mental health and addiction services and treatment to individuals, including temporary overnight accommodation, spaces for program administration, health care, counselling, social support services and other related services.
  - Also requesting site specific expansion to permit Mental Health Centre use.
  - Some site-specific zone standards may be included as needed and will be determined through the review of the application.



# **Questions?**



