

**Subject:** FW: Proclamation Request

<b>CORPORATE SERVICES</b>		
<b>INCOMING MAIL</b>	<b>REFD TO</b>	<b>COPY TO</b>
<b>DEC 04 2015</b>		

**From:**  
**Sent:** December 3, 2015 3:06 PM  
**To:** Mayor Van Bynen  
**Subject:** Proclamation Request

Dear Mayor Tony Van Bynen,

I am writing to request your support in proclaiming February 1<sup>st</sup> to February 7<sup>th</sup> 2016 as *Eating Disorder Awareness Week (EDAW) in Newmarket*. Since 1988, EDAW has been commemorated across Canada by established organizations, education and public health institutions, and concerned members of the public. **EDAW seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones.**

Founded in 1985, the National Eating Disorder Information Centre (NEDIC) is Canada's oldest national organization dedicated to helping those with eating disorders, food and weight preoccupation, and related issues. NEDIC was a founding member of the international drive to institute EDAW. We provide information, education, resources and referrals to individuals who are personally struggling, as well as to the family members, friends and professionals who support them. Our toll-free national helpline, the only one of its kind in Canada, operates Monday to Friday 9am to 9pm EST, allowing individuals from coast to coast to call after their regular school or business day. Through our programming and services, NEDIC is committed to prevention, building awareness and ensuring that people no longer suffer in silence.

Feel free to contact NEDIC if you have any questions or to notify us of the next steps!

Take care,

Samita Sarwan  
Placement Student

Our helpline hours are extended!  
As of April 7<sup>th</sup> 2015, our hours are:  
Monday - Thursday 9.00 am - 9.00 pm, Friday 9.00am - 5.00pm EST  
416-340-4156 (in the GTA) Toll Free 1-866-633-4220

*Many individuals may be reluctant to contact NEDIC while at school or work. Now, thanks to a generous grant from the Bell Let's Talk Community Fund, we are increasing our hours to better serve you, coast to coast to coast.*

National Eating Disorder Information Centre  
[www.nedic.ca](http://www.nedic.ca)  
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E: [nedic1@uhn.ca](mailto:nedic1@uhn.ca) | T: 416-340-4156 | F: 416-340-4736