



Ontario Society of  
Occupational Therapists

July 22, 2015

His Worship Tony Van Bynen  
Mayor of Newmarket  
395 Mulock Dr.  
Newmarket, ON L3Y 4X7

Dear Sir,

On behalf of the Ontario Society of Occupational Therapists (OSOT), I am writing to request that the month of October be proclaimed as Occupational Therapy Month in the Town of Newmarket.

Occupational Therapists (OTs) are health professionals who work with individuals of all ages who may be experiencing barriers to managing necessary day-to-day living skills and occupations (self-care, work and leisure) because of injury, illness, chronic disease, disability, aging, learning disabilities or mental health issues. OTs help people assume, reassume and/or maintain the roles and skills they need to participate fully in all aspects of daily living, enjoy a quality of life, and engage meaningfully in their communities and society.

The Canadian Association of Occupational Therapists and provincial OT associations across Canada have named October as national Occupational Therapy Month. The Ontario Society of Occupational Therapists would be honored if you would sponsor an official proclamation to recognize October as Occupational Therapy Month in Newmarket. Your proclamation would lend official recognition to the important work of occupational therapists working in your community's hospitals, rehab centres, CCAC services, Family Health Teams, long-term care homes, schools, mental health services and in a broad range of private practices in your community.

We would be particularly honored to have you present this proclamation at a city council meeting. We look forward to working with your office on this important endeavor and would be pleased to speak further or identify a local occupational therapist to assist your office or to speak to the Council. I attach a proposed proclamation for your consideration.

Thank you for your attention to this request.

Sincerely,

Christie Brenchley  
Executive Director

Occupational Therapy (OT) is a health profession  
that **empowers** people of all ages to overcome  
barriers in their everyday lives so they can  
**do more and live better.**



Learn more about  
Occupational Therapy at  
[www.OTOntario.ca](http://www.OTOntario.ca)



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## **OT Month 2015 Proclamation Text**

**WHEREAS** the Canadian Association of Occupational Therapists and the Ontario Society of Occupational Therapists have declared the month of October 2015 to be known as National Occupational Therapy Month; and,

**WHEREAS** the profession of occupational therapy, a regulated health profession over 5000 strong in Ontario, is concerned with promoting health and well-being through occupation; and,

**WHEREAS**, the services of occupational therapy enable people of all ages and abilities to participate in the activities which give meaning and purpose to their lives by working to overcome obstacles that prevent involvement in life's occupations; and,

**WHEREAS**, the health and well-being of all Ontarians is dependent on access to occupational therapy services in Newmarket, in community agencies, hospitals, long-term care homes, rehabilitation centres and clinics, Family Health Teams and other primary care agencies, schools, social agencies, industry or private practice.

**THEREFORE**, I Tony Van Bynen of Newmarket do hereby proclaim October 2015 as National Occupational Therapy Month and call upon all citizens to recognize the achievements and contributions of these valued health professionals.

For more information about Occupational Therapy visit [www.OTOntario.ca](http://www.OTOntario.ca).