



Invest in you. Health is wealth!

Four Newmarket businesses are joining forces to be a part of the “World Wellness Weekend” a Global movement.

On Tuesday September 17th 6-9pm at The Newmarket Public Library in Newmarket. Join Katie Gilligan from Timeless Harmony Salon & Spa, Roby Honsberger from Honsberger Physiotherapy, Dr Kitty Shang from Bayview Naturopathic Wellness and Karen Spencer NLP Practitioner from It can be different. We will be bringing you an educational evening on tips to take care of yourself, HEALTH IS WEALTH

With only 3 company’s Ontario we are starting the movement and putting Newmarket on the map for Wellness centre of Ontario.

<https://www.world-wellness-weekend.org/>

<https://www.world-wellness-weekend.org/medias-en/>

We are asking The town of Newmarket to be a part of this movement, help us share the event and get the word out there. Although this year is in Aurora next year will be in Newmarket. We would love to see the Town of Newmarket participate in this event by offering a wellness fair at Riverwalk commons next year. . Below are the stats for this event in North America.

In North America there are as follows

Massage Addict are a sponsor for this event.

24 businesses in Canada are involved

7 in Ontario

Scandinavian Spa Collingwood

Toronto Neuro feedback and Physiotherapy

Headwaters Holistic Family Care

Timeless Harmony Salon & Spa

It Can Be different NLP

Honsberger physiotherapy

Bayview Naturopathic Dr. Kitty Shang

With 18 in Quebec and 2 in BC

388 Businesses are participating in the United States.